

Thick eyebrows

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YEARS

While testosterone causes men's eyebrows to grow wild as they get older, women's brows thin out after years of waxing and tweezing.

Have them? How to keep them: "Don't overwax or overpluck," Wechsler advises. "You can damage the follicles to the point where the hairs won't grow back." To shape brows without follicle damage, try the Christi Harris Precision Brow Planing System, \$40, which trims brow hairs at the surface rather than removing them at the root.

Get them! Wechsler recommends taking a 5mg oral biotin supplement to make hair stronger. French brand Talika has two cult brow products worth trying: Eyebrow Lipocils, \$40, to promote growth, and Eyebrow Extender, \$35, to fill in.
